

DIY Yoga Mat Cleaner

Total Time: 5 mins

Yields: 14 ounces

Ingredients

- 1 3/4 cup filtered water
- 1/2 teaspoon tea tree oil
- 1/2 teaspoon witch hazel
- 5 drops eucalyptus essential oil, or more if desired
- 5 drops lavender essential oil, or more if desired

Instructions

1. In a liquid measuring cup, stir together the water, tea tree oil, witch hazel, eucalyptus oil, and essential oil.
2. Pour into a 16 ounce spray bottle.